BP Bites: High-Impact Hypertension Pearls in 30 Minutes

Hartford HealthCare

BP Bite #7: Fourth Drug Panic: What Actually Works?

presented by

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Teams (Contact Activity Coordinator for link)

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

1 Apply current evidence-based hypertension guidelines to diagnose, assess, and manage patients with hypertension in primary care settings.

2 Implement first-line treatment optimization strategies, including appropriate medication selection, titration, and follow-up, to improve blood pressure control.
3 Utilize case-based clinical decision-making approaches to reduce clinical inertia and advance hypertension treatment when indicated.
4 Identify patients with resistant hypertension and develop evidence-based management plans, including appropriate referral strategies.
5 Evaluate patients for secondary hypertension, including primary hyperaldosteronism, and initiate appropriate diagnostic testing and specialty referral when indicated.
6 Tailor hypertension management strategies for special populations while addressing common barriers to treatment adherence and blood pressure control.

7 Incorporate interprofessional and system-based approaches to hypertension management that enhance collaboration, improve quality metrics, reduce cardiovascular events, and support value-based care outcomes.

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: This activity was planned by and for the healthcare team, and learners will receive 0.50 Interprofessional Continuing Education(IPCE) credit for learning and change. Hartford Healthcare designates this Live Activity for 0.50 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with their participation. This activity is approved for 0.50 ANCC contact hour(s). This activity is approved for 0.50 ACPE contact hour(s).

Financial Disclosures:

- Brett Duncan, MD : Nothing to disclose - 07/14/2026

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