

# ***Diet plans for Weight Loss: Intermittent Fasting, Keto Diet, & Others***

presented by

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**ZOOM (Contact Activity Coordinator for information)**

**Learning Objectives:** *As a result of participating in this Live Activity, participants should be able to:*

- 1 identify current guidelines in order to provide optimal care for bariatric patients*
- 2 review current cases in order to apply the latest evidence-based recommendations for treatment*
- 3 discuss trends and results of treatment in order to determine guidelines and protocols for bariatric patients.*
- 4 identify opportunities for additional education, multi-specialty collaboration, and quality improvement*

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation Statement:** This activity was planned by and for the healthcare team, and learners will receive 1.00 Interprofessional Continuing Education(IPCE) credit for learning and change. Hartford Healthcare designates this Live Activity for 1.00 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with their participation.

**Financial Disclosures:**

- Taslima Shaikh, MD : Nothing to disclose - 08/28/2025



