

Obesity Pathophysiology, Epidemiology, and Obesity Assessment

presented by

Joseph St Pierre, DO

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St Vincent's**

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1 Enhance interdisciplinary communication strategies to improve patient safety and continuity of care*
- 2 Identify the current developments in diagnostic criteria and modalities for topics based on evidence.*
- 3 Address diagnostic pitfalls in complex internal medicine cases.*
- 4 Apply updated evidence-based guidelines in the management of common and high-risk conditions.*
- 5 Identify common medical, psychiatric, and medication-related contributors to weight gain and recognize when additional evaluation is warranted*
- 6 Screen for obesity-related comorbidities and select appropriate initial laboratory and diagnostic evaluation based on the patient's history, physical examination, and risk factors*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.00 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation.

Financial Disclosures:

- Joseph St Pierre, DO : Nothing to disclose - 10/08/2026



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