Ayer NSI Headache Journal Club (2026)

Hartford HealthCare

Menstrual migraine, hormonal and non pharmacological therapy

presented by

Shiv Jha, MD

11/20/2026 9:00:00 AM
Teams and In Person (Contact Activity Coordinator for location/link)

Learning Objectives: *As a result of participating in this Journal-based CME activity, participants should be able to:*

1 To understand the definition of menstrual migraine
2 Understand and be able to implement pharmacological hormonal treatment for menstrual migraine
3 Summarize non-pharmacologic approaches for management of hormonally related migraine

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Journal-based CME activity for 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with their participation.

Financial Disclosures:

- Shiv Jha, MD : Nothing to disclose - 07/14/2026

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