

What can therapists learn from a randomised controlled trial of psychological therapies for the treatment of depression in adolescence? The case of therapy dropout

presented by

Nick Midgley, PhD

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<https://hartfordhealthcare.zoom.us/j/99765293670>

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1 Distinguish between different 'types' of dropout that may be seen among adolescents with depression taking part in a psychological therapy*
- 2 Identify certain risk factors for dropout, including factors within the therapeutic relationship*
- 3 Reflect on the role of evidence and empirical research findings in informing clinical practice*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Nick Midgley, PhD : Nothing to disclose - 03/16/2026



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