

Tracking Trouble: What Gynecologists Need to Know About Menstrual Apps and Data Privacy

presented by

Erika Rodriguez, MD
PGY-2 Resident

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Hospital of Central CT, Lecture Room #2

OR

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Meeting ID: **277 307 621 099 4**

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Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1 Identify the top applications used for menstrual tracking that are available for download.*
- 2 Understand the concern around the use of menstrual tracking applications in the post-Dobbs era.*
- 3 Characterize key privacy considerations for those using menstrual tracking applications.*
- 4 Recommendations to share with interested patients.*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

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Financial Disclosures:

- Erika Rodriguez, MD : Nothing to disclose - 09/10/2025



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