

The impact of complex family dynamics on mental health: a case study

presented by

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Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1 Understand how the caregiver role, family structure, and intergenerational trauma contribute to mental health symptoms*
- 2 Identify predictors of med non-adherence and strategies to improve adherence*
- 3 Appreciate a complex psychodynamic case formulation incorporating family structure and its impact on personality structure and attachment style*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Jackie Long, MD : Nothing to disclose - 04/05/2024
- Elisa Gonzalez Cuevas, MD : Nothing to disclose - 04/03/2024
- Alicia Lipscomb, MD : Nothing to disclose - 04/04/2024
- Gregory Gerety, MD : Nothing to disclose - 04/09/2024

- Shivani Shah, MD : Nothing to disclose - 04/02/2024
- daniel Caredeo, MD : Nothing to disclose - 04/02/2024



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