## **HOCC OB/GYN Grand Rounds (2023)**



## Helping Your Patient Heal: An exploration of trauma informed care through one patient's story

presented by

## Sanne Wortel, PhD

11/15/2023 8:00 AM
Hospital of Central Connecticut, Lecture Rm 2
Or
Zoom:

https://hartfordhealthcare.zoom.us/j/97144648751 Meeting ID: 971 4464 8751

**Learning Objectives:** As a result of participating in this Live Activity, participants should be able to:

- 1 Explain what trauma and trauma informed care are and how trauma may impact medical outcomes.
- 2 Identify ways to ask about trauma, as well as consider worries or concerns about doing so.
- 3 Discuss different ways to prevent re-traumatization through collaborative treatment planning, increasing a sense of safety n the environment, and empowering the patient.

**Accreditation Statement:** In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**Credit Designation Statement:** Hartford Healthcare designates this Live Activity for 1.00 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.00 ANCC contact hour(s).

## **Financial Disclosures:**

• Sanne Wortel, PhD: Nothing to disclose - 10/20/2023

