



IOL Grand Rounds: World Suicide Prevention Week (2023)

Tragedy Shapes Triumph presented by Tonja Myles

Tonja Myles is an ordained minister, author, radio personality, community activist, peer counselor, veteran, and subject matter expert in mental health. She promotes mental health awareness and rehabilitation through sharing her life experiences which include being in recovery from addictions for over 37 years, a suicide survivor, a victim of childhood and adult sexual abuse and a having a PTSD diagnosis. She is a passionate advocate of humane and ethical treatment of individuals with mental illness, substance abuse, sexual trauma, domestic abuse and those formally, and or currently incarcerated. Tonja served in The Louisiana Army National Guard for 9 years as a military-police officer. While in the Army National Guard, she was DEI/Equal Opportunity Sergeant for three years. During that time, her work in faith-based recovery was recognized during President George W. Bush's 2003 State of the Union speech and she became the face of the faith-based approach to substance abuse treatment for his administration for 6 years.

Friday, Sept. 7, 2023 12:00-1:15 PM

<https://hartfordhealthcare.zoom.us/j/91749093836>

Learning Objectives: As a result of participating in this Live Activity, participants should be able to:

- Discuss lived experiences that allow a person to see that having a tragic past doesn't determine their outcome
- Explain that although life can be cruel, the pain that those moments create is as temporary or permanent as the individual allows them to be
- Make personal decisions, and support patients in making decisions, through reaching out to loved and trusted people, being vulnerable, and having a fighting spirit to allow the tragedy to remain part of their past

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford Healthcare designates this Live Activity for 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with their participation.
- **Nurses:** This activity is approved for 1.25 ANCC contact hour(s).
- **Social Work:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Hartford HealthCare maintains responsibility for this course. Social workers completing this course receive 1.25 general continuing education credits.
- **Psychologists:** Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.
- **Other Learners:** All other learners will receive a Certificate of Participation for 1.25 hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit[™] from organizations accredited by Joint Accreditation for Interprofessional Continuing Education

Financial Disclosures: None



JOINTLY ACCREDITED PROVIDER[™]
INTERPROFESSIONAL CONTINUING EDUCATION