

The Therapeutic Interpersonal Relationship: Outdated or Ahead of its Time?

presented by

Linda S Beeber, PhD

5/11/2023 12:00:00 PM

Learning Objectives: *As a result of participating in this Live Activity, participants should be able to:*

- 1 Use and strengthen therapeutic interpersonal relationship (TIR) to convey current evidence-based interventions for prevalent psychiatric-mental health conditions (the 3 P's -- Presence, Power, Portability)*
- 2 Recognize frequently-encountered ruptures in TIRs with clients and how to repair them (the 3 Rs of the real life TIRs -- Rupture, Recognition, Repair)*
- 2 Move beyond generic stress management and practice self-care specifically for psychiatric mental health nurses using an updated application of Peplau's Interpersonal Relations in Nursing Theory.*

Accreditation Statement: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statement: Hartford Healthcare designates this Live Activity for 1.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with their participation. This activity is approved for 1.25 ANCC contact hour(s).

Financial Disclosures:

- Linda S Beeber, PhD: Nothing to disclose - 01/27/2023
-



